



Hickman Municipal Advisory Council

General Contact Information:

P.O. Box 92

Hickman, CA 95323

Email: HickmanMAC95323@gmail.com

www.StanCountyMACs.com

Members:

Meredith Clark, Chair

Ryan Reece, Member

Annalisa Rose, Member

MINUTES

Thursday, May 4, 2023 @ 7 PM

Hickman School Auditorium

13306 4th Street

Hickman, CA 95323

1. Chair Clark called the meeting to order at 7:01 p.m. and led the Pledge of Allegiance
2. Roll Call (members present): Ryan Reece, Anna Rose and Meredith Clark
3. Public Comment: No public comment
4. Member Reese made a motion to approve July 7, 2022 minutes, Member Rose seconded; motion passed.
5. Monthly Reports
 - a. Stanislaus County Sheriff's Office, Deputy Bret Babbitt – Not present due to an emergency call in Waterford.
 - b. California Highway Patrol, Officer Eric Moore – Statistics for February: Non-Injury Crash (1); blockage from storm (1); abandoned vehicle (1); Street racing with dirt bikes (6 calls) - CHP trying to be more proactive with this - there is a 30-day court order to impound vehicle which is a good deterrent. Two new officers have transferred back to this area and there is one cadet in training. CHP Non-Emergency number is (209) 356-2900.
 - c. Stanislaus Consolidated Fire Protection District – Not present
 - d. Stanislaus County Board of Supervisors, Vito Chiesa, District 2 – Not present
 - e. Stanislaus County Chief Executive Office, Erica Inacio - Reminder to MAC members to complete online Ethics Training. Must be online for two hours; email Erica copy of completion certificate. Upcoming Events: Cyber Security for Small Businesses on May 11th from 10 – 11:30 a.m. at the Carnegie Arts Center in Turlock. Cost: Free, register online. Love Stanislaus funds available to sponsor community service projects each spring. If Hickman MAC would like to have an independent project (to avoid conflict with LoveWaterford, etc.), Supervisor Chiesa would help sponsor it. Board of Supervisors approved \$28 million for outreach and education for substance abuse programs.
6. Information Item(s)
 - a. Presentation by Jennifer Marsh and Marcela Barber with Stanislaus County Behavioral Health and Recovery Services, Prevention Services Division, on the Fentanyl pandemic. See attached presentation.



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- b. Presentation by Adam Barth with StanRTA (Angela Swanson and Steve Morro were also present). Bus routes were changed in March; buses will be running in Hickman every hour/every day. Bus to/from Hickman picks up at Hickman Church and goes through Waterford, Empire, etc. to Modesto (9th/J St). Bus fare is \$2 per day, while youth (0 – 18 years) ride free. Schools can use it for trips (kids ride free). Para transit is also available for residents and will pick up at their house (cost \$2.50). Medivan will give rides to UCSF or Stanford. Reservations required; available to all; fare is \$10 for patient (18+ years) each direction; youth patients are free. See attached presentation.
7. Action Item(s)
 - a. Appointment of Officers
 - Member Reese made a motion for Member Clark to remain Chair, Member Rose seconded; motion passed.
 - Member Rose made a motion for Member Reese to be Vice Chair, Chair Clark seconded; motion passed.
 - Member Reese made a motion for Member Rose to be Secretary, Chair Clark seconded; Motion passed.
 - b. Member Clark made a motion to approve Meeting Calendar for 2023; Member Rose seconded; motion passed.
8. Council Comments and Suggestions for Future Agendas - None
9. Meeting adjourned at 8:46 p.m.

Next Meeting: Thursday, August 3, 2023 at 7:00 p.m. at Hickman School.

Fentanyl Awareness

May 4, 2023

Jennifer Marsh and Marcela Berber
Prevention Services Division



Behavioral Health and
Recovery Services

Why We're Here & Talking About them



What is Fentanyl?

A synthetic opioid 50X stronger than heroin and 100X stronger than morphine.

- Primarily manufactured in China, India and Mexico
You can't see it. You can't taste it. You can't smell it.



- Pharmaceutical Fentanyl
Used for medical purposes with precise dosage.
Used for anesthesia, severe pain and advanced stage cancer
- Illicitly Manufactured Fentanyl
Illegally sold with no oversight or quality control and varies in potency.
Mixed with other illegal drugs to increase potency and addiction
Used to press pills that look like prescription medication

How Much is a Fatal Dose?

2 milligrams of fentanyl, the equivalent of 10 to 15 grains of table salt, is "considered a lethal dose"



Rainbow Fentanyl

- The Drug Enforcement Administration recently issued a warning about the “alarming” trend of rainbow fentanyl across the United States.
- “Rainbow fentanyl—fentanyl pills and powder that come in a variety of bright colors, shapes, and sizes—is a deliberate effort by drug traffickers to drive addiction amongst kids and young adults,” DEA Administrator Anne Milgram
- The pills are often made to resemble real prescription opioid medication like Oxycontin, or Vicodin, and benzo’s like Xanax, or stimulants like Adderall.



PHOTO LEFT:
Brightly-colored
fentanyl pills
that are
being seized
by the DEA.

PHOTO Below: Riverbank - Fentanyl pills seized by the Stanislaus County SIU November 2, 2022: nine firearms, 52 pounds of methamphetamine, 1 kilo of fentanyl powder, 10,000 fentanyl pills, and 1,000 multi-colored fentanyl pills.



PHOTO RIGHT:
Brightly-colored
fentanyl powder
seized by the
Stanislaus County
Sheriff SIU – March
2022



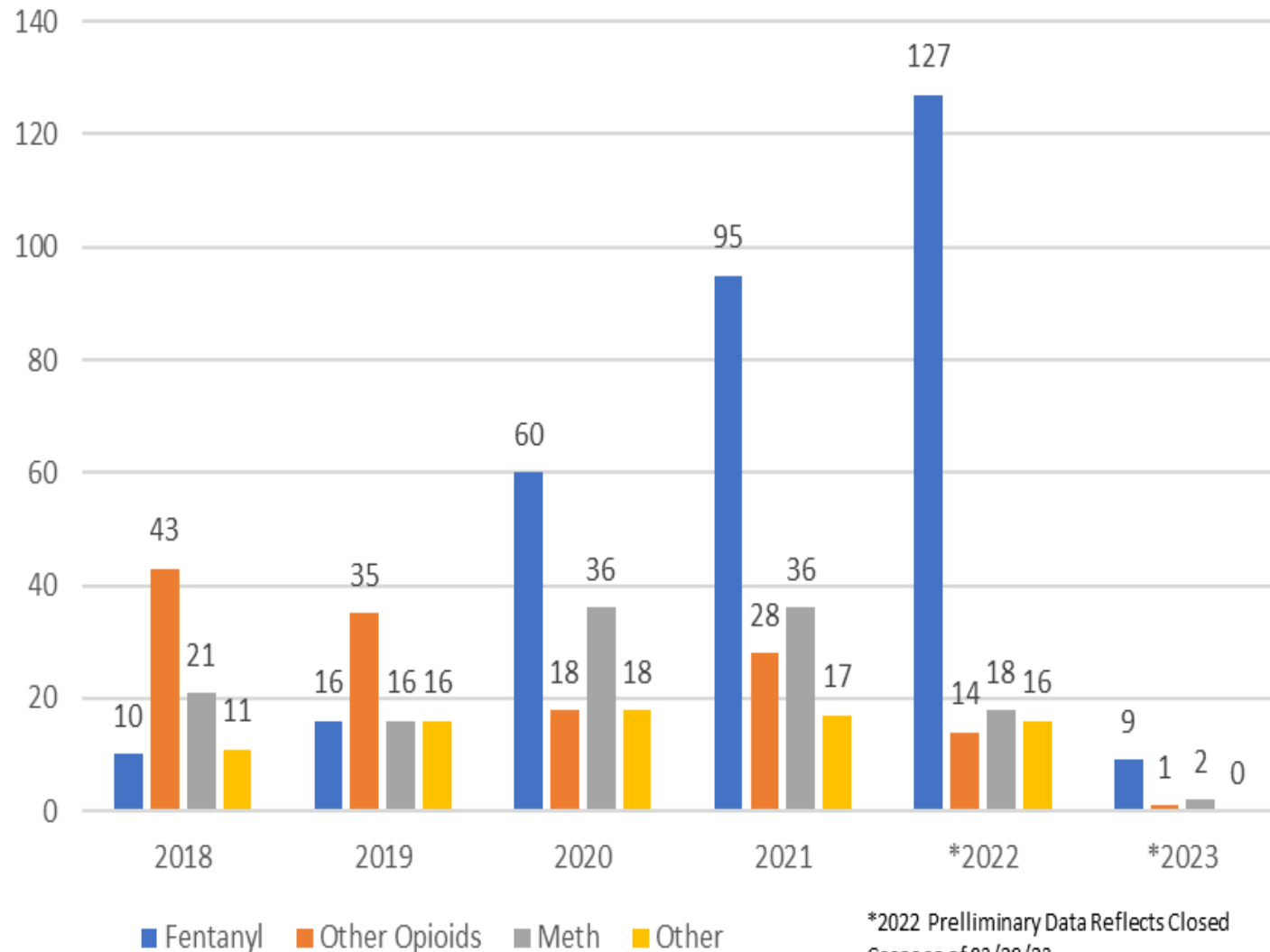
Fake Pills



Can you tell the difference?

Stanislaus County Overdose & Poisoning Deaths

*2022 Coroner Data is Preliminary



Local Impacts

- In 2021 Overdose & Poisoning Deaths in Stanislaus County totaled 176
- Averaging 3-4 residents dying per week
- Fentanyl is the main driver of overdose and poisoning deaths
- Preliminary 2022 data indicates we are on pace to exceed 2021's record number of deaths



2 IN 5 OVERDOSES
ARE FATAL

YOUNG PEOPLE SHOULD LEARN FROM THEIR MISTAKES



Connor
Forever 21 yrs. old
DOD 5/28/2021



Jordan
Forever 29 yrs. old
DOD 7/11/2021



Timothy
Forever 21 yrs. old
DOD 9/8/2020



Bella
Forever 14 yrs. old
DOD 8/24/2021



Jason
Forever 20 yrs. old
DOD 4/20/2021



Zack
Forever 26 yrs. old
DOD 11/16/2014



Kyle
Forever 24 yrs. old
DOD 5/6/2021

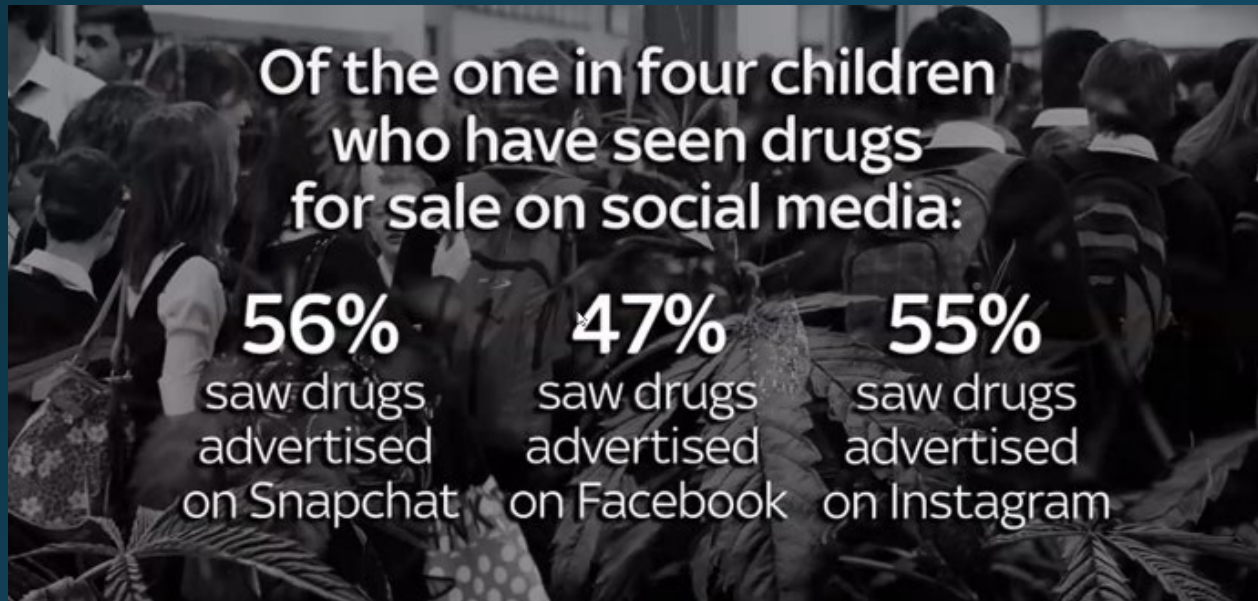
NOT DIE FROM THEM

ONE PARTY, ONE PILL ...
THAT'S ALL IT TAKES

#OnePillCanKill

That's someone's child, someone's sibling, someone's spouse, someone's parent, someone's aunt/uncle and someone's friend

Anyone with a Smartphone has a Drug Dealer with Them



DRUG ENFORCEMENT ADMINISTRATION

ONE PILL CAN KILL

EMOJI DRUG CODE | DECODED

COMMON EMOJI CODES

FAKE PRESCRIPTION DRUGS

PERCOCET & OXYCODONE 💊 🟢 P 🍷	XANAX 💊 💊 🚚	ADDERALL 💊 A - 🚂
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DEALER SIGNALS

DEALER ADVERTISING 💰 🍷 💰 📱	HIGH POTENCY 🚀 💣 💣	UNIVERSAL FOR DRUGS 🍁	LARGE BATCH 🍪
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OTHER DRUGS

METH 🧊 💙 💎 🍷	HEROIN ❤️ 🐍	COCAINE ❄️ ❄️ 🧑‍🎅 💎 8 🔑 😊 🐟	
MDMA & MOLLIES ❤️ ⚡ ✕ 💊 🍷	MUSHROOMS 🍄	COUGH SYRUP 🍇 💜 🍷	MARIJUANA 👋 🔥 🌴 🌲 😬 👋 🍀

Signs of Opioid Misuse & Addiction



Behavioral Changes

- Isolation and secretive behavior
- Loss of interest in favorite activities
- Moodiness, irritability, nervousness, giddiness
- Emotionally erratic: quickly changes between feeling bad and good
- Seems tired, sad or nervous, cranky – or unusually energetic
- Neglects personal hygiene
- Change in attitude/personality
- Avoiding contact with family
- Change in friends, new hangouts
- Drop in grades
- Wearing long-sleeved shirts out of season (to cover needle marks)

Physical Changes

- Weight loss or gain
- Pinpoint pupils
- Appetite changes
- Physical agitation
- Sleepy or non-responsive

Signs of Opioid Use



Unusual Items

- Burned tinfoil
- Cotton swabs or balls
- Bent spoons
- Straws or Tubes "tooters"
- Money and valuables go missing
- Missing spoons and pens
- Burning candles, open windows

Withdrawal Symptoms

- "Dope Sick" Flu-like symptoms
- Extreme stomach pain & cramps
- Diarrhea
- Nausea
- Irritability
- Agitation



Why we're losing our community?

- Variation in strength and purity of the drug used
- Switching the mode of administration, for example, a change from snorting to injecting
- Lower tolerance after a period of abstinence
- Low tolerance from lack of prior use
- Using the drug alone
- Physical health

What Can You Do?



TALK ABOUT IT

Opioids can be addictive and dangerous. We all should have a conversation about preventing drug misuse and overdose. Talk to your kids early and often about the dangerous impacts of these drugs.



KNOW ADDICTION

Addiction is a chronic disease that changes the brain and alters decision-making. With the right treatment and supports, people do recover. There is hope.



BE SAFE

Only take opioid medications as prescribed. Always store in a secure place. Dispose of unused medication properly, through the Drop the Drugs program.



BE PREPARED

Many opioid overdose deaths occur at home. Having naloxone, an opioid overdose reversing drug, could mean saving a life. Know where to get it and how to use it.



UNDERSTAND PAIN

Treatments other than opioids are effective in managing pain and may have less risk for harm. Talk with your healthcare provider about an individualized plan that is right for your pain.



JUST DON'T

Prescription drugs should never be shared with anyone else. Never take any drug not directly supplied to you by a doctor or pharmacy. If it's not coming from one of those two places, you might not be getting what you think.

Signs of Overdose & Poisoning

Recognizing the signs of an opioid overdose and poisoning can save a life. Here are some things to look for:

- Small, constricted “pinpoint pupils”
- Choking or gurgling sounds (death rattle)
- Falling asleep or losing consciousness
- Limp body
- Slow weak or no breathing
- Cold, clammy, and/or discolored skin

WHAT TO DO IF YOU THINK SOMEONE IS OVERDOSING

It may be hard to tell whether a person is high or experiencing an overdose. If you aren't sure, it's best to treat the situation like an overdose—you could save a life.

1

Call 911
immediately.*

2

Administer
naloxone,**
if available.

3

Try to keep the
person awake
and breathing.

4

Lay the person
on their side to
prevent choking.


5

Stay with them
until emergency
workers arrive.




HOW TO USE NALOXONE

If you or a loved one are struggling with a substance use disorder, help is available to you. Contact us at 1-888-376-6246, visit stancounty.com or StanRx.net

[HOME](#)[SAFE PRESCRIBING](#)[PREVENTING OVERDOSE](#)[GETTING HELP](#)[MEDICATION DISPOSAL](#)[COALITION MEETINGS](#)[SUMMIT](#)[ESPAÑOL](#)


Prescription painkiller abuse, rising heroin use and overdoses are part of a **nationwide crisis**.



5K Walk/Run
to Raise Awareness on
Fatal Drug Overdoses and Poisonings


**AUGUST 27th,
2022**

Save the Date: Stanislaus County 5K




**ONE
PILL CAN
KILL**

Local Impacts – Lives Lost




THE FACTS ABOUT STREET FENTANYL

Community Alert: Fentanyl




529,832 PRESCRIPTIONS WERE LAUNCHED FOR OPIOIDS	1 IN 3 PEOPLE WHO TAKE OPIOIDS FOR PAIN ADJUSTED TO OPIOIDS	14,000 LBS OF MEDICATIONS WERE COLLECTED FOR DISPOSAL	18 OPIOID OVERDOSE DEATHS	5 DAYS OF USE MAY LEAD TO DEPENDENCE
1 IN 7 TOP GRADUATES USED OPIOIDS TO GET HIGH	80% OF PEOPLE BECAME ADDICTED TO OPIOIDS	2,196 OPIOID OVERDOSE DEATHS	99% OF MEDICATIONS COLLECTED WERE LAUNCHED FOR OPIOIDS	21,787,842 PRESCRIPTIONS WERE LAUNCHED FOR OPIOIDS

What is the Opioid Crisis?



Medication Disposal



Turn in your unused or expired medications for safe & free disposal.
No questions asked!

Drop the Drugs event – April 30

